

PHILLIPS CRUISES & TOURS, LLC

2016 FOOD INGREDIENT LIST

*****(PACKAGED FOOD WILL SHOW INGREDIENT LIST ON PACKAGE)**

Panko Crusted Wild Alaskan Cod (served as a meal choice)

Alaska Cod, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, cottonseed and/or soybean oil, and/or canola oil, and contains less than 2% of: modified food starch, yellow corn flour, salt, whey solids, onion powder, garlic powder, dextrose, sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), yeast, nonfat dry milk, guar gum, spice, extractives of paprika (coloring).
CONTAINS WHEAT AND MILK

Chicken Breast Tenderloins (served as a meal choice)

Chicken Breast Tenderloins, water, sodium phosphates, salt, breaded with enriched bleached wheat and durum flours(enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water modified food starch, salt, garlic powder, spices, soybean oil, yellow corn flour, leavening(sodium acid pyrophosphate, sodium bicarbonate), dextrose, extractives of paprika, cellulose gum(sodium carboxymethylcellulose), natural flavor, sodium alginate.
CONTAINS SOY PRODUCTS AND WHEAT

Vegetarian / Gluten Free Broccoli and Cheddar Bake (served as a meal choice) –

KOSHER, ORGANIC, NO GMO. Organic rice pasta (organic rice flour, organic potato starch, organic rice starch, organic soy flour), organic lowfat milk, organic broccoli, cheddar cheese (pasteurized milk, culture, salt, enzymes (without animal enzymes or rennet), grade A butter (cream, salt), organic sweet rice flour, filtered water, organic sunflower seed meal, sea salt, organic tapioca starch, organic potatoes, organic extra virgin olive oil, organic agave nectar, expeller pressed high oleic safflower and/or sunflower oil, organic annatto, yeast, soy lecithin. CONTAINS MILK, SOY AND SUNFLOWER SEEDS.

Vegetarian / Gluten Free Rice Pudding (served with meal) – **KOSHER AS WELL.**

Milk, rice, sugar, eggs, natural vanilla flavor, other natural flavors, salt

Fruit cup (served with kids meal)

Peaches, pineapples, apples, pears, white grape juice, lemon juice, natural flavors, ascorbic acid, citric acid

Polar Bear Smooch (served after meal)

Sugar, partially hydrogenated palm kernel oil, cocoa butter, nonfat milk, whey, monodiglycerides, soy lecithin, vanilla, chocolate liquor, corn syrup, natural flavors, beet powder, peppermint oil
CONTAINS SOY AND MILK PRODUCTS. MAY CONTAIN WHEAT, EGG, PEANUT FROM SHARED EQUIPMENT

Indian Valley Reindeer Hot Dog

Pork, beef, reindeer, water, salt, nonfat dry milk, spices, milk protein hydrolyzate, hydrogenated plant protein, sodium phosphate, sodium erythorbate, sodium nitrite

Beef Franks (served with kids meal)

Beef, water, dextrose, corn syrup, contains 2% or less of: flavorings, salt, potassium lactate, autolyzed yeast, sodium phosphates, sodium diacetate, ascorbic acid, sodium nitrite, extract of paprika

Alaska Chip Company Potato Chips (served with meal)

Potatoes, peanut oil and /or safflower oil, salt.

MAY CONTAIN: HIGHLY REFINED PEANUT OIL

Hot Dog Buns (served with kid's meal)

Enriched unbleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), water, high fructose corn syrup, yeast, vegetable oil (canola and/or soy), contains 2% or less of: vital wheat gluten, salt, yeast nutrient (ammonium sulphate), dough conditioners (mono-diglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide), calcium sulfate, enzymes, calcium propionate (mold inhibitor)

MAY CONTAIN SOY PRODUCTS

Cheese Pizza

Enriched flour, water, yeast, contains 2% or less of: cornmeal, vegetable shortening (palm oil, natural flavor, soy lecithin), salt, butter flavored oil with garlic, sugar, datem, wheat gluten, dextrose, guar gum, soy lecithin, beta carotene, ascorbic acid, enzymes, provolone cheese, skim mozzarella cheese, parmesan cheese, parsley, tomatoes, spices.

CONTAINS: WHEAT, SOY AND MILK PRODUCTS

Pepperoni Pizza

Enriched flour, water, yeast, contains 2% or less of: cornmeal, vegetable shortening (palm oil, natural flavor, soy lecithin), salt butter flavored oil with garlic, sugar, datem, wheat gluten, dextrose, guar gum, soy lecithin, beta carotene, ascorbic acid, enzymes, provolone cheese, skim mozzarella cheese, parmesan cheese, parsley tomatoes, spices, paprika, beef, salt, water paprika, smoke flavoring, lactic acid starter culture, sodium ascorbate, sodium nitrite, BHA, BHT, citric acid

CONTAINS: WHEAT, SOY AND MILK PRODUCTS

Vegetarian / Gluten Free Coleslaw Dressing (served with meal) – KOSHER AS WELL.

Soybean oil, sugar, water, distilled vinegar, whole egg, contains less than 2% of: salt, egg yolks, spice, propylene glycol, alginate, xanthan gum, onion*, natural flavor, caramel color, calcium disodium edta added to protect flavor, turmeric

*dehydrated

CONTAINS EGG, SOY PRODUCTS

Gourmet Chocolate Chunk Cookie Dough (served after meal)

Enriched bleach flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla, salt), palm oil, eggs, molasses, unsalted butter, natural and artificial flavors, salt, baking soda

CONTAINS EGGS, MILK, WHEAT AND SOYBEANS

FSA Saltines

Enriched flour (wheat flour, niacinamide, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], folic acid), soybean oil with tbhq for freshness, salt, contains 2% or less of corn syrup, leavening (baking soda, yeast), soy lecithin

CONTAINS WHEAT AND SOY INGREDIENTS

FSA Signature Pan Coating (served with meal - sprayed on pans prior to fish & chicken)

Soybean oil, soy lecithin, natural flavor, tbhq (to preserve freshness), beta-carotene (color), and propellant

CONTAINS SOY PRODUCTS

Nestle Cocoa Supreme Whipped Cocoa Mix

Sugar, corn syrup solids, nonfat milk, vegetable oil (partially hydrogenated coconut or palm kernel and hydrogenated soybean), dairy product solids, cocoa processed with alkali, and less than 2% of salt, cellulose gum, sodium caseinate, sodium aluminosilicate, dipotassium phosphate, mono- and diglycerides, guar gum, artificial flavors

CONTAINS SOY PRODUCTS

Marshmallows

Corn syrup, sugar, modified food starch (corn), dextrose, water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate, blue 1 if colored, also contains red 40, yellow 5, yellow 6

Whipped Cream

Cream, milk, sugar, dextrose, contains less than 1% of: sorbitan monostearate, artificial flavor, carrageenan, mixed tocopherols (vitamin e) to protect flavor, propellant: nitrous oxide

CONTAINS MILK

FSA Sweet Relish

Pickles (cucumbers, water, salt, vinegar), high fructose corn syrup, cabbage, corn syrup, distilled vinegar, salt, dextrose, natural flavoring, sodium benzoate and potassium sorbate as preservatives, xanthan gum, alum, locust bean and guar gums, dehydrated red bell peppers, tumeric oleoresin, fd&c yellow no. 5 & blue no. 1, polysorbate 80

Ketchup

Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring

Nacho Chips

Yellow stone ground corn masa flour, vegetable oil (canola and/or safflower and/or soybean), salt, tbhq, citric acid - MAY CONTAIN SOY PRODUCTS

Jalapenos

Jalapeno peppers, vinegar, salt, calcium chloride

Nacho Cheese Sauce

Water, soybean oil, modified food starch, cheddar cheese (milk, nonfat milk, cheese cultures, salt, enzymes) and less than 2% of cornstarch, salt, jalapeno peppers, natural flavors, nonfat milk, vinegar, sodium phosphate, maltodextrin, cultured whey (from milk), green chile peppers, yeast extract, mono- and diglycerides, sodium citrate, cellulose gum, lactic acid, yellow 5, yellow 6

CONTAINS SOY PRODUCTS

Bloody Mary Mix

Worcestershire sauce (vinegar, molasses, high fructose corn syrup, anchovies, water, onions, salt, garlic tamarind extract, cloves, natural flavorings, chili pepper extract, hydrolyzed soy and corn protein), spices, chili pepper puree, prepared horseradish (grated horseradish roots, white distilled vinegar, soybean oil, sugar, citric acid), lemon juice concentrate, red pepper sauce, celery seed, xanthan gum (a natural stabilizer)

CONTAINS SOY PRODUCTS

Pacific Choice Green Beans

Green beans, water, white distilled vinegar, salt, sugar, garlic, spices, tumeric, natural flavor, calcium chloride, sodium benzoate

Grenadine

High fructose corn syrup, water, sugar, citric acid, natural and artificial flavor, sodium benzoate, red 40

Maraschino Cherries

Cherries, water, corn syrup, sugar, citric acid, natural & artificial flavors, sodium benzoate, potassium sorbate, fd&c red #40, sulfur dioxide (preservative)

Olives

Olives, water, minced pimiento (sodium alginate, guar gum, calcium chloride, potassium sorbate), salt and lactic acid

Nestle Coffee-mate

Corn syrup solids, vegetable oil (partially hydrogenated coconut or palm kernel, hydrogenated soybean), sodium caseinate (a milk derivative)**, dipotassium phosphate (moderates coffee acidity), mono- and diglycerides (prevents oil separation), artificial flavor, annatto color **not a source of lactose

CONTAINS SOY PRODUCTS

Lipton Natural Tea

Orange pekoe and pekoe cut black tea

