

## 2018 FOOD INGREDIENT LIST

\*\*\***(PACKAGED FOOD WILL SHOW INGREDIENT LIST ON PACKAGE)**

### **Alder Smoked Salmon Chowder** (served for lunch)

Water, potatoes, chowder mix, smoked salmon, canola oil, flour modified corn starch, pesto sauce, alder seasoning, salt dehydrated onions, lemon juice, dehydrated red bell peppers, dehydrated celery, parmesan cheese base, romano cheese base, granulated garlic, chowder spice, black pepper.

CONTAINS FISH, WHEAT, GLUTEN, MILK, SOY, COCONUT, TREE NUT

### **Vegetable Chili** (served for lunch) *Gluten Free*

Water, diced tomatoes in juice (tomatoes, tomato juice, citric acid, calcium chloride), pinto beans, onions, light red kidney beans, vegetable soup base (carrot, celery, onion, tomato paste, corn oil, yeast extract, potato flour, salt, onion powder, garlic powder, flavoring), contains less than 2% of the following: tomato paste (tomatoes, citric acid), red bell peppers, carrots, green bell peppers, chopped garlic (garlic, water), salt, modified corn starch, spices, chili pepper, cilantro, pepper sauce (vinegar, red pepper, salt).

ALLERGENS: NONE

### **Julienne Vegetable Blend Salad** (served for lunch) *Gluten Free*

Broccoli, cauliflower, carrots, beets, brussels sprouts, kale, radicchio.

### **Welch's Mixed Fruit Snack** (served for lunch) *Gluten Free*

Fruit puree (grape, peach, orange, strawberry and raspberry), water, corn syrup, sugar, inulin (from chicory root), modified corn starch, gelatin, concord grape juice from concentrate, citric acid, lactic acid, ascorbic acid (vitamin C), natural and artificial flavors, alpha tocopherol acetate (vitamin E) vitamin A Palmitate, sodium citrate, coconut oil, carnauba wax, annatto (color), turmeric (color), Red 40, Blue 1.

### **Multigrain Bread Roll** (served for lunch)

Water, whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), multigrain blend (rye flour, rye flakes, steel cut oats, millet, flaxseeds, cracked wheat, wheat gluten, sunflower seeds, sesame seeds, rye meal, barley flakes). Contains less than 2% of the following: salt, dough conditioner (ascorbic acid, L-Cysteine, azodicarbonamide enzyme, DATEM, calcium stearoyl lactylate, calcium sulfate, potassium iodate), yeast soybean oil, molasses, fumaric acid, acetic acid, lactic acid.

### **Butter Patty** (served for lunch) *Gluten Free*

Milk cream, salt.

### **Polar Bear Smooch** (served for lunch)

Sugar, partially hydrogenated palm kernel oil, cocoa butter, nonfat milk, whey, monodiglycerides, soy lecithin, vanilla, chocolate liquor, corn syrup, natural flavors, beet powder, peppermint oil.

CONTAINS SOY AND MILK PRODUCTS. MAY CONTAIN WHEAT, EGG, PEANUT FROM SHARED EQUIPMENT

**Udi's Gluten Free Bread Roll (served w/ Gluten Free lunch) Gluten Free**

Water, brown rice flour, tapioca starch, resistant corn starch, egg whites, canola oil, chia seed, rice bran, sunflower seeds, teff flour, can syrup, fax seed, yeast, gum (xanthan gum, sodium alginate, guar gum), salt amaranth flour, pea protein, sorghum flour, lactic acid, locust bean gum, caramel color, cultured corn syrup solids and citric acid (mold inhibitor), fumaric acid, enzymes. CONTAINS EGGS

**Beef Franks (served with kids meal)**

Beef, water, dextrose, corn syrup, contains 2% or less of: flavorings, salt, potassium lactate, autolyzed yeast, sodium phosphates, sodium diacetate, ascorbic acid, sodium nitrite, extract of paprika.

**Sun Chips Original Flavor (served with kids meal)**

Whole corn, sunflower and/or canola oil, whole wheat, brown rice flour, whole oat flour, sugar, salt, natural flavor, maltodextrin (made from corn).  
CONTAINS A WHEAT INGREDIENT

**Hot Dog Buns (served with kids meal)**

Enriched unbleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), water, high fructose corn syrup, yeast, vegetable oil (canola and/or soy), contains 2% or less of: vital wheat gluten, salt, yeast nutrient (ammonium sulphate), dough conditioners (mono-diglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide), calcium sulfate, enzymes, calcium propionate (mold inhibitor).

MAY CONTAIN SOY PRODUCTS

**Coleslaw Dressing (served with lunch) Gluten Free**

Soybean oil, sugar, water, distilled vinegar, whole egg, contains less than 2% of: salt, egg yolks, spice, propylene glycol, alginate, xanthan gum, onion\*, natural flavor, caramel color, calcium disodium edta added to protect flavor, turmeric.

\*dehydrated

CONTAINS EGG, SOY PRODUCTS

**Gourmet Chocolate Chunk Cookie Dough (served after lunch)**

Enriched bleach flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla, salt), palm oil, eggs, molasses, unsalted butter, natural and artificial flavors, salt, baking soda.

CONTAINS EGGS, MILK, WHEAT AND SOYBEANS

**Lucy's Gluten Free Chocolate Chip Cookie (served after GF lunch) Gluten Free**

Flour blend (gluten-free oat flour, garbonzo flour, potato starch, tapioca flour, sorghum and fava flours), organic cane juice, vegan chocolate chips, soy milk, molasses, palm fruit oil, canola oil, olive oil, filtered water, flavoring and citric acid from non-GMO corn, sunflower lecithin, non-dairy lactic acid, baking powder, baking soda, potassium bitartrate, vanilla extract, salt, xanthan gum, calcium carbonate, annatto extract color, cellulose gum.

**Oyster Crackers (served with lunch)**

Unbleached wheat flour, water, canola oil, can sugar, salt, yeast, baking soda.

**FSA Signature Pan Coating (served for lunch - sprayed on pans prior to baking cookies)**

Soybean oil, soy lecithin, natural flavor, tbhq (to preserve freshness), beta-carotene (color), and propellant.

CONTAINS SOY PRODUCTS

**Indian Valley Reindeer Hot Dog**

Pork, beef, reindeer, water, salt, nonfat dry milk, spices, milk protein hydrolysate, hydrogenated plant protein, sodium phosphate, sodium erythorbate, sodium nitrite.

**Nestle Cocoa Supreme Whipped Cocoa Mix**

Sugar, corn syrup solids, nonfat milk, vegetable oil (partially hydrogenated coconut or palm kernel and hydrogenated soybean), dairy product solids, cocoa processed with alkali, and less than 2% of salt, cellulose gum, sodium caseinate, sodium aluminosilicate, dipotassium phosphate, mono- and diglycerides, guar gum, artificial flavors.

CONTAINS SOY PRODUCTS

**Marshmallows**

Corn syrup, sugar, modified food starch (corn), dextrose, water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate, blue 1 if colored, also contains red 40, yellow 5, yellow 6.

**Whipped Cream**

Cream, milk, sugar, dextrose, contains less than 1% of: sorbitan monostearate, artificial flavor, carrageenan, mixed tocopherols (vitamin e) to protect flavor, propellant: nitrous oxide.

CONTAINS MILK

**FSA Sweet Relish**

Pickles (cucumbers, water, salt, vinegar), high fructose corn syrup, cabbage, corn syrup, distilled vinegar, salt, dextrose, natural flavoring, sodium benzoate and potassium sorbate as preservatives, xanthan gum, alum, locust bean and guar gums, dehydrated red bell peppers, tumeric oleoresin, fd&c yellow no. 5 & blue no. 1, polysorbate 80.

**Ketchup**

Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

**Nacho Chips**

Yellow stone ground corn masa flour, vegetable oil (canola and/or safflower and/or soybean), salt, tbhq, citric acid.

MAY CONTAIN SOY PRODUCTS

**Jalapenos**

Jalapeno peppers, vinegar, salt, calcium chloride.

**Nacho Cheese Sauce**

Water, soybean oil, modified food starch, cheddar cheese (milk, nonfat milk, cheese cultures, salt, enzymes) and less than 2% of cornstarch, salt, jalapeno peppers, natural flavors, nonfat milk, vinegar, sodium phosphate, maltodextrin, cultured whey (from milk), green chile peppers, yeast extract, mono- and diglycerides, sodium citrate, cellulose gum, lactic acid, yellow 5, yellow 6.

CONTAINS SOY PRODUCTS

**Kirkland Signature Margarita Mix**

Water, cane sugar, lime juice from concentrate, citric acid, sodium citrate, gum arabic, Natural flavors, glyceryl abietate, yellow 5, blue 1.

**Bloody Mary Mix**

Worcestershire sauce (vinegar, molasses, high fructose corn syrup, anchovies, water, onions, salt, garlic tamarind extract, cloves, natural flavorings, chili pepper extract, hydrolyzed soy and corn protein), spices, chili pepper puree, prepared horseradish (grated horseradish roots, white distilled vinegar, soybean oil, sugar, citric acid), lemon juice concentrate, red pepper sauce, celery seed, xanthan gum (a natural stabilizer).

CONTAINS SOY PRODUCTS

**Pacific Choice Green Beans**

Green beans, water, white distilled vinegar, salt, sugar, garlic, spices, tumeric, natural flavor, calcium chloride, sodium benzoate.

**Grenadine**

High fructose corn syrup, water, sugar, citric acid, natural and artificial flavor, sodium benzoate, red 40.

**Maraschino Cherries**

Cherries, water, corn syrup, sugar, citric acid, natural & artificial flavors, sodium benzoate, potassium sorbate, fd&c red #40, sulfur dioxide (preservative).

**Olives**

Olives, water, minced pimiento (sodium alginate, guar gum, calcium chloride, potassium sorbate), salt and lactic acid.

**Nestle Coffee-mate**

Corn syrup solids, vegetable oil (partially hydrogenated coconut or palm kernel, hydrogenated soybean), sodium caseinate (a milk derivative)\*\*, dipotassium phosphate (moderates coffee acidity), mono- and diglycerides (prevents oil separation), artificial flavor, annatto color \*\*not a source of lactose.

CONTAINS SOY PRODUCTS

**Lipton Natural Tea**

Orange pekoe and pekoe cut black tea.